



Nutrition Guide

Feeding Your Australian Labradoodle for Optimal Health

What We Feed Our Puppies

At Rose Country Labradoodles, our puppies are raised on **NOW Fresh Puppy Food** mixed with **Sojos Fruit & Veggie Mix**. We recommend continuing this diet when you bring your puppy home to avoid digestive upset during the transition period.

■ **Tip:** Any diet changes should be made gradually over 7–10 days by slowly mixing the new food with the current food.

Feeding Schedule by Age

Age	Meals Per Day	Portion Guide
8–12 weeks	3–4 meals	¼ – ■ cup per meal
3–6 months	3 meals	■ – ½ cup per meal
6–12 months	2 meals	½ – ¾ cup per meal
1 year+	2 meals	¾ – 1½ cups per meal (based on size)

Note: Portions vary based on your dog's size, activity level, and the specific food brand. Always follow the manufacturer's guidelines and consult your vet.

What to Look for in Quality Dog Food

- Named meat protein as the first ingredient (e.g., chicken, salmon, lamb)
- No artificial colors, flavors, or preservatives
- Whole grains or quality grain-free carbohydrates
- Added omega fatty acids for coat health
- Probiotics for digestive health
- No corn, wheat, or soy as primary ingredients

- AAFCO statement confirming nutritional adequacy

Healthy Treats & Supplements

- Blueberries, apple slices (no seeds), carrots, green beans
- Plain cooked chicken or turkey for training treats
- Bully sticks and Nylabones for chewing
- Fish oil supplement for coat and skin health
- Probiotic supplement if recommended by your vet

Foods to AVOID (Toxic to Dogs)

- ■ Chocolate (all types)
- ■ Grapes and raisins
- ■ Onions and garlic
- ■ Xylitol (artificial sweetener)
- ■ Macadamia nuts
- ■ Avocado
- ■ Alcohol
- ■ Caffeine
- ■ Cooked bones (can splinter)
- ■ Raw yeast dough
- ■ Salt in large quantities

Hydration

Always provide fresh, clean water. A general rule is that dogs need about 1 ounce of water per pound of body weight per day. Puppies and active dogs may need more. Monitor your dog's water intake — significant increases or decreases can indicate health issues.